

Turning Point Crisis Center

1738 S. Tremont Street
Oceanside, CA 92054
(760) 439-2800

Welcome to **Turning Point**. Our multi-disciplinary team is committed to providing culturally competent, recovery-oriented crisis services in a home-like setting. We focus on your strengths to help you learn the skills to resolve your crisis and manage your conditions successfully in the community. We welcome all individuals who are experiencing mental health and co-occurring substance use conditions, including tobacco use.

Our goal is to help you return to your highest level of functioning and stability in the shortest amount of time. With an average length of stay that is less than ten days, discharge planning begins quickly after admission. We will provide you with referrals to as many providers as possible so that you may continue on your road to recovery in the community.

Upon admission you will be assigned an individual counselor on each shift to support you in your recovery and daily needs. You will also have the opportunity to participate in two community meetings, two group therapy sessions, and various community activities each day. We encourage our residents to support each other in their recovery and strongly believe that social interaction and helping one another promotes recovery and a sense of well-being.

Short Term Acute Residential Treatment (START) programs are open 24 hours a day, 7 days a week to accept referrals and assist our residents.

Turning Point is operated by Community Research Foundation (CRF), a private, not-for-profit 501(c)(3) organization that provides services through contracts with the County of San Diego, Health and Human Services Agency, Behavioral Health Services Department. No one is denied services based on inability to pay.

After you leave the program, you are always welcome and encouraged to contact **Turning Point** should you need assistance and/or services. In the case of an emergency, you may call the program collect.

Once again, welcome to **Turning Point** and we look forward to assisting you in your recovery.

Sincerely,

Holly McNerney, MA
Program Director

Megan Patrick-Thompson, Ph.D.
Assistant Program Director