

## LEVEL 5

Programs that have the following criteria in place have achieved Level 5:

- Formal written policy describing tobacco use practices for staff and persons served.
- Tobacco use is included in welcoming statement and onsite signage and resources available for persons served.
- The program has tobacco-free entryways (minimum of 20 ft.).
- The program has clearly identified designated tobacco use area(s), if applicable.
- Persons served are assessed regularly for tobacco use.
- **Tobacco cessation is included in treatment goals as directed by persons served (services may be provided off-site).**

### RESOURCES/ REFERENCE DOCUMENTS -

<p>Behavioral Health &amp; Wellness Program (BHWP) University of Colorado Anschutz Medical Campus School of Medicine</p> <ul style="list-style-type: none"> <li>• Resources: Fact Sheets and Reports</li> </ul>	<p><a href="https://www.bhwellness.org/resources/fact-sheets-reports">https://www.bhwellness.org/resources/fact-sheets-reports</a></p>
<p>CDC The Brief Tobacco Intervention –Quick Reference for Health Care Providers: The 5 A’s and 2A’s and R</p>	<p><a href="https://www.cdc.gov/tobacco/campaign/tips/partners/health/materials/twyd-5a-2a-tobacco-intervention-pocket-card.pdf">https://www.cdc.gov/tobacco/campaign/tips/partners/health/materials/twyd-5a-2a-tobacco-intervention-pocket-card.pdf</a></p>
<p>Maryland’s Tobacco Resource Center – Linking Professionals to Best Practices</p> <ul style="list-style-type: none"> <li>• Brief Interventions and 5 A’s <ul style="list-style-type: none"> <li>○ The 5 R’s: Relevance, Risk, Rewards, Roadblocks, Repetition</li> </ul> </li> <li>• This resource can be used to create goals, objectives, interventions for treatment plans</li> </ul>	<p><a href="http://mdquit.org/cessation-programs/brief-interventions-5">http://mdquit.org/cessation-programs/brief-interventions-5</a></p>